



# INFUSION MENU



# Content

Our Story .....	2
Infusion Therapy and Wellness .....	3
Infusion Therapy and Wellness .....	4
Myer's Infusion .....	5
Beauty Booster Infusion.....	6
Detox Infusion .....	7
Energy Boost Infusion .....	8
Stress and Anxiety Infusion .....	9
Immune Boost Infusion .....	10
Migraine Therapy Infusion .....	11
Migraine Therapy Infusion .....	12
Pregnancy and Morning Sickness Infusion .....	13
Pregnancy and Morning Sickness Infusion .....	14
Hangover Recovery Infusion .....	15
Recovery Boost Infusion .....	16
Dehydration Recovery Infusion .....	17
Dehydration Recovery Infusion .....	18



# Our Story

Optimal health starts with the combination of physical, emotional and mental wellness. Unfortunately, overwhelming stress factors inhibit our ability to make healthier lifestyle choices. It is probably the reason you're reading our brochure right now.

At Euracare Wellness Centre, our approach to therapeutic intervention is scientifically based and people-centric. Our state-of-the-art facility reflects our vision to be at the forefront of healthcare in Nigeria. We are constantly pioneering new, innovative treatment procedures, to take you to the peak of optimal health and wellness. And with our multi-disciplined approach, regular health screenings has never been more convenient or affordable. We are motivated by giving our patients longevity and early detection is just one of the routes to achieve this goal.

Our facility boasts more than eight areas of medical intervention. These include:

- Health Screenings, which offers services like laboratory testing and X-Ray
- General Medical, where you can receive physical examination by our expert doctors
- Specialist consultations, for more serious medical conditions
- Electromagnetic Stimulation Therapy (EMS), which is the latest in physical therapy to repair damaged muscles and rapidly improve muscular strength or help your weight loss journey
- IV Cocktail Lounge, for health boosting IV drips that rapidly restore and repair your body
- Wellness Coffee Shop, with a world-class menu where you can connect with others and replenish yourself
- Dietician Corner, with expert advice from our team of nutritionists
- Dialysis Centre.

The variety of treatment options that are available to you, means you can continue prioritising your wellness without having to disrupt your daily schedule too much. Furthermore, our specialized staff are equipped to navigate you through our facility smoothly and quickly and deliver your results in most optimal timeframe.

There is a clear trend that demonstrates that our people are becoming more health conscious and reaching for better quality of life. At Euracare Wellness Centre, our co-ordinated and professional service will leave you feeling exponentially closer to optimal health. And to us, that is a great day at the office!

# Infusion Therapy and Wellness

Infusion Therapy is a scientifically proven method of safely delivering medical-grade tonics and medicines to the body in the quickest way. Infusions are sterile and minimally invasive, yet provide the therapy to accelerate recovery, repair and restoration of your body.

Infusion formulas contain a combination of premium vitamins, nutrients and extracts designed to rapidly treat specific conditions or meet your personal wellness targets. Our blends or 'cocktails' contain the highest quality essential fluids, electrolytes and antioxidants, each scientifically formulated to get you to the peak of optimal fitness and wellness.

*Although specific formulas vary, all our infusions have two basic components:*

**IV solution:** A premium-grade sterile mixture of sodium chloride and water that hydrates your body and facilitates the delivery of medication and vitamins into your system.

**Organic Nutrients:** All our vitamins and antioxidants are extracted from the purest sources. These aides help the body maintain optimal function. While it is true that essential nutrients can be derived from the foods we consume, the reality is that the correct doses and dietary diversity are not always achievable in our daily schedules.

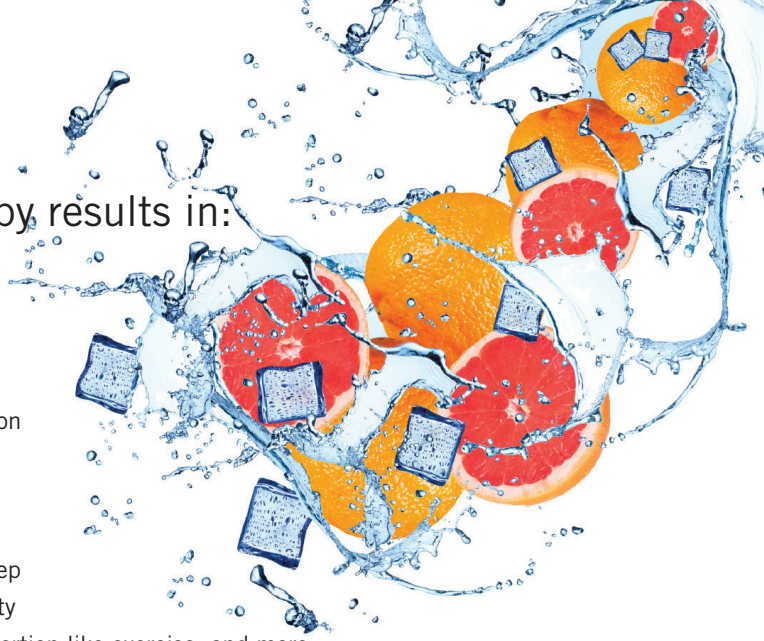
## Infusion Therapy is more Efficacious than Oral Dosing

Oral supplements and medications have lower bioavailability than infusions because they must first pass through your digestive system, where they are metabolized before reaching your circulation. In addition to this, age, activity level, illness, malabsorption issues, stress, and previous gastro-intestinal surgery can also negatively influence how well your body can absorb supplements and medications. The ingredients in infusions are 100% absorbed by your body because they are administered directly into your bloodstream. Since infusion therapies are delivered into your bloodstream, the ingredients become immediately available to your cells, greatly decreasing the time it takes for a medication or supplement to take effect. This is to say, your body uses the maximum amount of what it needs and discards the rest through its normal excretory functions.



## Infusion Therapy results in:

- Increased Energy
- Strengthened Immunity
- Cleansing and Detoxing
- Rapid Rehydration
- 100% Vitamin Absorption
- Lowered Anxiety
- Decreased Fatigue
- Relief from Allergies
- Improved Quality of Sleep
- Mental clarity and vitality
- Faster Recovery from exertion like exercise, and more.



## How safe is Infusion Therapy?

Infusion therapy has been used to improve patient health since the mid-1800s. In the 21st century, technology and research has revolutionised our strides into minimally invasive procedures for the purposes of therapeutic intervention. Infusion therapy is a very safe option and is generally well-tolerated by most patients. There are only rare cases of patients experiencing side effects, like infection at the injection site, which is why infusion therapies are administered by healthcare professionals in a facility that is capable of intervening should you experience adverse effects.

We pride ourselves in maintaining a state-of-the-art facility and best practice procedures in line with international health care regulations. We are committed to providing you with an essential service and leaving you with a positive infusion therapy experience.

# MYER'S INFUSION

Formulated by Dr. John Myers in 1960, this intravenous treatment is designed to deliver a blend of vitamins and minerals to patients encountering ailments that have manifested illness and dis-ease in the body. Supplement repletion via infusion has been clinically found to speed up recovery, boost immunity, and enhance rehydration. These three elements are crucial to an optimally functioning body. Every *Myer's Infusion* is blended with seven essential ingredients to provide nutrient nourishment for good health, inside and out.

## WE RECOMMEND THIS INFUSION FOR:

- Hangovers
- Fatigue
- Colds, The Flu, and Other Illnesses
- Altitude sickness
- Dehydration
- Nausea
- Migraines
- And more

*Myers infusion can be combined with other treatment options to alleviate symptom-specific ailments. For example, if you're experiencing nausea due to a migraine, we may recommend adding the anti-nausea medication to your infusion.*

## INGREDIENTS

IV fluids / Vitamin B12 / Vitamin B complex / Vitamin C / Zinc / Magnesium / Glutathione

The Myers' infusion contains six different vitamins and minerals essential for health and wellness. Each ingredient in this IV fluid addresses certain symptoms and needs.



Reverse the effect of stress-induced aging, that leaves your skin and hair looking dull and lifeless, with our *Beauty Booster Infusion*. Restore your body to a new level of beauty from the inside out with our premium cocktail mixed with the highest quality vitamins and anti-oxidants that target deficient areas in your system. This treatment detoxifies the body, penetrating areas that have been starved of vital nutrients, giving you a luminous, long lasting glow. You will experience brighter, more supple, ultra-hydrated looking skin. Discover the secret recipe for looking your best, with our *Beauty Booster Infusion*.

## WE RECOMMEND THIS INFUSION FOR:

- Skin rejuvenation
- Minimising hyperpigmentation
- Dark spots reduction
- Boosting collagen
- Revitalising metabolism
- Neutralising free radicals in the liver
- Strengthening hair and nails
- Restoring immune boosting Vitamin C, B-complex and Zinc

## INGREDIENTS

IV fluids / Magnesium / Vitamin B complex / Vitamin C / Zinc / Glutathione / Thioctic acid

# DETOX INFUSION

Replenish and rehydrate your system, restoring essential electrolytes with our specialised formula that protects and purifies your body from the first treatment. This infusion targets recovery from a variety of stressors that include chronic illness and fatigue, exertion and lifestyle demands.

## WE RECOMMEND THIS INFUSION FOR:

- Fatigue
- Chronic high stress
- Alcohol use
- Smoking
- Weight Loss Program
- Fatty Livers
- Mood disturbance including anxiety, depression, and irritability
- Fast heartbeat and hyper-excitability
- General discomfort

## INGREDIENTS

IV Fluids / Vitamin C / Glutathione / Magnesium



# ENERGY BOOST INFUSION

Our *Energy Boost Infusion* delivers a premium quality electrolyte solution and the highest efficacy vitamins to jump start your system for optimal wellness. See results from the first treatment with improved energy levels and a rejuvenated sense of your health and wellness. Combat physical and mental sluggishness by treating the source of your stagnation.

## WE RECOMMEND THIS INFUSION FOR:

- Fight fatigue
- Boost energy
- Improve mood
- Insomnia
- Mental health issues
- Illness or infection
- Chronic pain
- Chronic fatigue syndrome
- Low levels of B12
- Electrolyte imbalances
- Thyroid conditions

## INGREDIENTS

IV fluids / B-Complex

# STRESS AND ANXIETY INFUSION

Stress hormones are released in the body, causing internal complications that leave you feeling exhausted and sluggish. Combat the effects of stress and put your body back into balance again with our Stress and Anxiety Infusion. Made with premium extracted vitamins and additives, this drip restores health to your nervous system for optimal stress and anxiety relief.

## WE RECOMMEND THIS INFUSION FOR:

- Underlying medical conditions
- Mental health decline
- Post-traumatic Stress Disorder
- Chronic illness
- Loss

## INGREDIENTS

Our premium extracts of vitamins and nutrients support a healthy nervous system that combats the restrictive effect of stress and anxiety.

Our Stress and Anxiety infusion contains:

IV fluids / Vitamin B12 / Vitamin B complex / Vitamin C /  
Magnesium / Zinc / Calcium

An optimally functioning immune system protects you from airborne microbes and contact contamination that could occur in public and private spaces. *Immune Boost Infusion* consists of a specially formulated blend of IV fluids, vitamins and antioxidants to prime the immune system and boost its capability to fight off illness and disease. Feel energised, revitalised and resilient in your daily activities with our formula.

## WE RECOMMEND THIS INFUSION FOR:

- Sore throat
- Nasal congestion
- Sneezing and coughing
- Fatigue and weakness
- Fever
- Headache
- Feelings of depression
- Chronic anxiety
- Cold, flu or virus infection
- Insomnia and poor quality of sleep
- Increased irritability
- Hormonal Imbalances
- High blood pressure
- High blood glucose levels

The common cold and the flu have overlapping symptoms. However, flu symptoms tend to be more severe and can be fatal. Influenza is a viral infection that develops faster and lasts longer than most cold symptoms.

## INGREDIENTS

IV fluids / Vitamin B12 and vitamin B complex / Magnesium / Vitamin C / Zinc



# MIGRAINE THERAPY INFUSION

With the advancement of biomedical technology comes relief for the torment of migraines that leave you feeling nauseated, agitated and disabled from the pain. *Migraine Therapy Infusion* is an advanced formulated IV drip that treats the disruption caused by migraines. After a treatment, you will experience relaxation, increased levels of concentration, an abatement of brain fog, mood enhancement and most importantly, pain relief.

## TRIGGERS

Although migraines can and may occur without warning, an episode can sometimes be triggered by:

- Emotional stress like anxiety, depression or shock
- Hormonal imbalances such as menstruation or neurochemical fluctuations
- Dietary reactions such as alcohol, caffeine and high sodium consumables
- Medical challenges such as overexertion, sleep deprivation, low blood sugar and more.
- Environmental factors like flickering lights, loud noises and strong odours

A man's profile is shown in the background, looking slightly to the left. Several puzzle pieces are floating around his head, some appearing to be part of his hair or floating in the air. The puzzle pieces are in shades of brown and orange. The overall background is a light gray.

# MIGRAINE THERAPY INFUSION

## WE RECOMMEND THIS INFUSION FOR:

- Feelings of early onset tension headaches and migraines
- Elevated stress levels
- Dehydration
- Inability to focus
- Feelings of depression
- Nausea
- Pain
- Recovery from addiction and substance abuse (alcohol, opioids, nicotine)

## INGREDIENTS

In most cases, we recommend our Myer's Infusion with added medications for patients combating severe migraine symptoms. This saline solution includes the following ingredients known to help with migraine symptoms:

Vitamin B complex / Vitamin B12 / Magnesium / Anti-nausea drug, if required.



# PREGNANCY AND MORNING SICKNESS INFUSION

Roughly 80% of pregnant women suffer with morning sickness. A small, but significant portion of woman experience morning sickness (Hyperemesis Gravidarum), which is an extreme form of morning sickness that may continue throughout the pregnancy. Fluid loss during pregnancy can cause vital nutrients to be expelled from the system. Our *Pregnancy and Morning Sickness Infusion* is specially developed for pregnancy-related conditions like morning sickness. Safe and rigorously tested, our infusion delivers the fluids, vitamins and anti-oxidants necessary for optimal health for both mother and foetus. Severe morning sickness can cause rapid dehydration which results in low blood pressure and electrolyte loss which can negatively affect your growing baby. *Pregnancy and Morning Sickness Infusion* is a game changer for pregnant women, resulting in a more fulfilling pregnancy experience.

## SYMPTOMS OF HYPEREMESIS GRAVIDARUM:

- Severe nausea and vomiting
- Food aversions
- Weight loss of 5% or more of pre-pregnancy weight
- Decrease in urination
- Dehydration
- Headaches

# PREGNANCY AND MORNING SICKNESS INFUSION

- Jaundice
- Extreme fatigue / fainting
- Low blood pressure
- Rapid heart rate
- Anxiety and depression

Most of our infusions also have a suitable safety profile during breastfeeding. These options include fluids, vitamins and minerals that can support your health during breastfeeding. We can also discuss if our pain and nausea medicines will be safe for you and your child. We encourage you to reach out to us with any questions you have about our therapy packages.

## WE RECOMMEND THIS INFUSION FOR:

- Vitamin Deficiency
- Morning Sickness and Related Dehydration
- Chronic Fatigue

## INGREDIENTS AND THEIR BENEFITS:

IV Fluids / B-Complex Vitamins / Vitamin C

# HANGOVER RECOVERY INFUSION

A night out seems like a good idea at the time, until the next morning. Skip the untested home recovery cures for an alcohol-induced hangover for our *Hangover Recovery Infusion*. This drip gets to work immediately, delivering electrolytes, antioxidants and nutrients directly to your bloodstream. Alcohol-induced hangovers are the result of acetaldehyde accumulation, dehydration, metabolic acidosis, sleep deprivation and many other factors.

## WE RECOMMEND THIS INFUSION FOR:

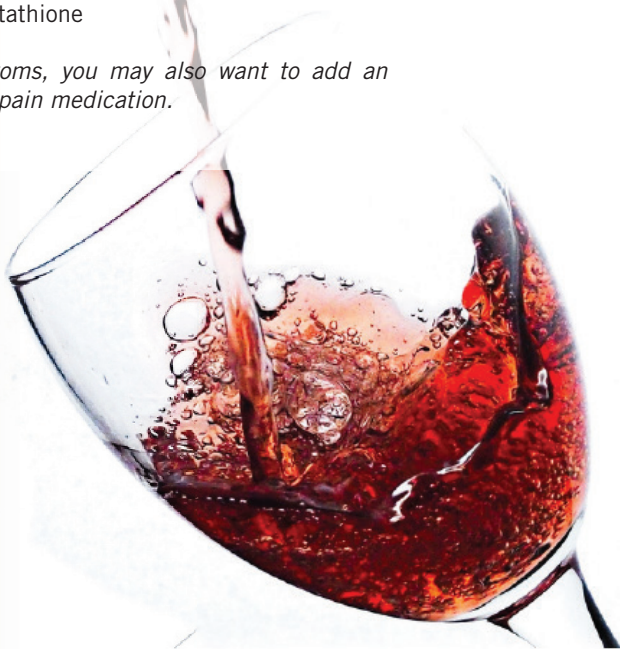
- Excessive thirst
- Dizziness
- Headaches
- Nausea and vomiting
- Decreased appetite
- Fatigue and irritability
- Muscle soreness and stiffness
- Light and sound sensitivity

Acetaldehyde accumulation causes loss of memory, headache, gastrointestinal upset, body ache and lowers the immune system. Hangover Recovery Infusion provides rapid relief for the abovementioned symptoms.

## INGREDIENTS

IV fluids / Premium Electrolytes / B Complex vitamins / Vitamin C / Zinc / Magnesium / Glutathione

*Depending on your symptoms, you may also want to add an anti-nausea medication or pain medication.*





# RECOVERY BOOST INFUSION

Restore your body to peak wellness after a bout of stomach flu with our *Recovery Boost Infusion*. Specially formulated to help with recovery after viral, bacterial or parasitic infection which results in food poisoning and upset stomach. *Recovery Boost Infusion* helps the body recuperate from a loss of vital fluids and nutrients. Our *Recovery Boost Infusion* rehydrates your body, flushes out toxins, and re-establishes a healthy balance of vitamins and electrolytes lost due to nausea and vomiting.

## WE RECOMMEND THIS INFUSION FOR:

- Abdominal pain
- Nausea and vomiting
- Diarrhoea
- Weight loss
- Dehydration
- Fever and chills
- Body aches
- Abdominal cramps
- Fatigue

## INGREDIENTS

IV fluids / B-Complex Vitamins / Vitamin C / Anti-nausea medication / Antacid medication

# DEHYDRATION RECOVERY INFUSION

*Dehydration Recovery Infusion* has been specially formulated to reinstate the body's equilibrium fast and provide rapid relief to your body's organs, tissues and cells to halt further destruction caused by dehydration. You will feel a marked difference in your overall wellbeing from the very first dose with results being seen in the suppleness of your skin, the sheen in your hair and the strength of your nails. Undo years of damage from chronic dehydration with our *Dehydration Recovery Infusion*.

## DEHYDRATION TRIGGERS:

*Many factors can lead to dehydration beyond simply failing to drink enough water. Common causes of dehydration include:*

- Illness
- Sweating
- Alcohol consumption
- Diabetes
- Electrolyte imbalances
- Genetic methylation disorders
- Low levels of B12
- Insufficient sleep
- Poor diet
- Anaemia conditions



## WE RECOMMEND THIS INFUSION FOR:

Dehydration can become dangerous if left unaddressed, so it's important to understand the signs and symptoms, which include:

- Feeling thirsty
- Light-headedness
- Fatigue
- Headache
- Urinary symptoms

The ideal daily fluid intake varies from person to person depending on age, activity level, gender, and whether the individual has any medical conditions. If you exercise a lot, have a medical condition, or are pregnant or breastfeeding, you may need to consume more water than the abovementioned recommendations. *Dehydration Recovery Infusion* is designed to ensure that you reach your optimal intake, especially when it is not possible to consume the recommended daily intake of water.

## GUIDELINES FOR DAILY FLUID INTAKE:

- 3.7 litres (15.5 cups) for men
- 2.7 litres (11.5 cups) for women

## INGREDIENTS

IV fluids / Vitamin B12 and vitamin B complex / Vitamin C



Plot 1062 Abagbon Close,  
Victoria Island, Lagos, 106104.

0908 831 4660 / 014 664 099

[www.euracarehealth.com](http://www.euracarehealth.com)

[wellness@euracare.com.ng](mailto:wellness@euracare.com.ng)

